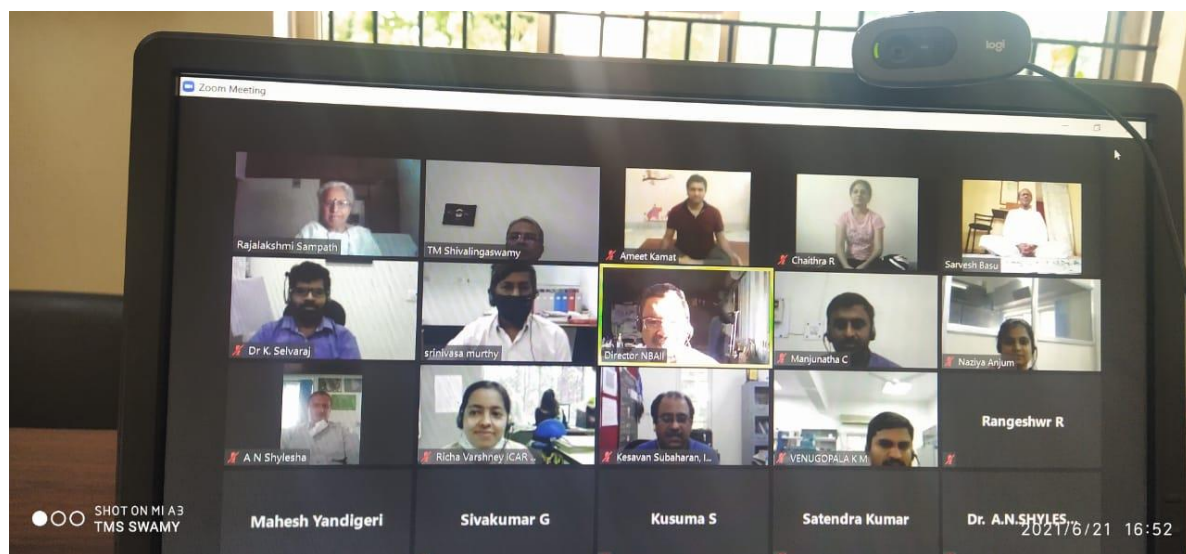


Celebration of International Yoga Day on 21st June, 2021

The International Yoga day was celebrated with the theme “Yoga guarantees wellness as well as fitness”, and by practicing yoga at ICAR-NBAIR in their respective rooms on the 21st June 2021. Yoga session was guided by Ms. Rajalakshmi Sampath, Art of Living through video conferencing. Staff of ICAR-NBAIR took part in the yoga session with great enthusiasm and encouragement.



Ms. Rajalakshmi Sampath, Art of Living guiding the staff of ICAR-NBAIR for doing Yoga



ICAR-NBAIR staff participated in Yoga